

# THE FOUR FOLD WAY

## HEALER

*Pays attention to what has heart  
and meaning*

**“Celebrates Individuals”**

Storytelling

Shadow – Victim/poor me

## TEACHER

*Open to possibilities – not  
attached to one outcome*

**“Asks the enlightening question”**

Silence

Shadow - Interrogator

## VISIONARY

*Speak the truth without blame or  
judgment*

**“Creates Possibilities”**

Singing

Shadow - Aloof

## WARRIOR

*Shows up physically, emotionally,  
mentally & spiritually*

**“Makes Compelling Invitations!”**

Dancing

Shadow - Intimidator